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CONTINUOUS IMPROVEMENT TRAINING



PHYSICAL

& VIRTUAL

TRAININGS

AVAILABLE

PROVEN PRINCIPLES AND PRACTICES THAT DRIVE IMPROVEMENT TO OPERATIONAL EXCELLENCE

Michael Foss, a lean six sigma black belt, has led top Fortune 100 Companies in Continuous Improvement enabling innovation and disruption for great success across key metrics of people, customer service, efficiency, and profitability.

The live training will teach you the fundamentals of continuous improvement (CI) providing the participants with the basic knowledge and skillset needed to successfully lead CI events to improve processes and systems in your business and life for sustained improvement.

In this interactive training facilitated by Michael Foss will teach you:

- What is Continuous Improvement / Kaizen
 - Key Terms & Tools
- CI Principles, Vision, & Mission
- Five Types of CI Solutions
 - Just Do It (JDI) | Plan Do Check Act (PDCA) | Kaizen | CI Project |
 DMAIC (Define, Measure, Analyze, Improve, Control)
- Event Charter (Scope, Sponsors, Key Stakeholders, Team Members, Problem Statement, Assumptions, Risks, Obstacles, Measurable Objectives, Key Deliverables, & Key Metrics)
- Six Key Elements of the Continuous Improvement Process
 - Identify the Process
 - Standard Work, Direct Observation (GEMBA Go & See), Value Stream
 Process Mapping, SIPOC (Supplier | Input | Process | Output | Customer)
 - Identify the Problem (Variation & Waste)
 - Process Failures, Non-Standard Processes, Defects, Safety Incidents,
 ANDON (process defect capture points), Check Lists, Pareto Analysis, Is/Is
 Not Analysis, Spaghetti Diagram, and FMEA (failure mode effect analysis)
 - Root Cause the Problem
 - Fishbone Cause and Effect Analysis, 5 Whys, and Design of Experiments
 - Eliminate Waste & Variation
 - TIMWOOD (Transportation | Inventory | Movement | Waiting |
 Overproduction | Over processing | Defects), Underutilized Talent
 - Solutioning and Sustainability
 - Countermeasures and Mechanisms (Tool | Adoption | Audit) 5S/6S
 Ownership
 - Leaders & Individual Contributors







INNOVATE & DISRUPT PROCESS • SUSTAIN RELENTLESS IMPROVEMENT • CREATE TRANSFORMATIONAL CHANGE

WAYS TO ENGAGE

In-Person Training

- We can come to you and work on a live project in your site or facility
- Participants receive a physical guided Workbook with tools to help turn ideas into actions
- Typically scheduled for two full days

Virtual Training

- Same content as the physical training and hosted via Zoom! It's an interactive experience
- Participants receive an electronic guided Workbook with tools to help turn ideas into actions
- Typically scheduled over two full days

ENGAGE: VISIT

FOR FURTHER DETAILS

CoachFoss LLC is committed to an exceptional experience. We work to find optimal solutions for success of the given event, training, and/or project.

MOTIVATION, INSPIRATION, & PURPOSE

Our engagements are inspiring, motivational, and also bring real application! Turn the enthused thoughts and emotions into actions and results by unlocking your true potential to achieve greatness.

TAILORED THEME

We work to make every engagement fit the need of the audience and project. We will discuss the event in advance so that we have a clear understanding of the opportunities and challenges your team is facing and apply the right messaging and approach to make the most relevant impact.



EXCEPTIONAL EXPERIENCE

We will begin with your mission and work to create success for your event. We are here to serve you and your mission to add real value. We will do everything we can to help make your engagement a victory.

COACHFOSS TRAINING

GENERATES LEARNING | INSPIRES ACTION | YIELDS IMPROVEMENT | PRODUCES SUSTAINABILITY

Achieve superior results with transformational change in a stable way!



Michael Foss

Strategic Executive Leader in Global Operational Excellence, Logistics, Supply Chain & Transformational Change | Inspirational Speaker, Trainer, & Consultant



Michael is the Founder & CEO for CoachFoss LLC and passionate about Finding Optimal Solutions for Success. As a speaker, trainer, and consultant, he thrives on inspiring and motivating leaders, teams, and individuals to achieve and sustain transformational success! He leads large global teams to be enthusiastic, embrace innovation and disruption, seek relentless improvement, never give up, & never settle for mediocrity! He moves you from where you are to where you want to be!

Michael is a strategic executive logistics & supply chain operations leader with extensive global experience and success in cutting costs &

improving performance, processes, and people for premier companies including Walmart, Flexport, CloudSort, Caterpillar, Amazon, Cameron, Weir, and FedEx. He is a dynamic and energetic change agent, recognized for driving business transformations and optimizing operations. He is a skilled relationship builder, well-known for inspiring and empowering high-performance teams.

Michael holds a **BS degree in Industrial & Systems Engineering** from **Texas Tech University** and earned his **Lean / Six Sigma Black Belt** from the University of Villanova.

Michael is a **Fellow, Past President, & IAB chairman** of the **Institute of Industrial & Systems Engineers** (IISE).

Michael is a member of the Texas Tech University (TTU) Industrial Engineering Academy, is the Past President of the TTU Whitacre College of Engineering Dean's Council and was awarded the Texas Tech Whitacre College of Engineering Distinguished Engineer's award, the highest award given from Texas Tech. Michael is one of ~230 Engineers, one of only 27 Industrial Engineers ever awarded.

Michael is certified to train **The Power of Positive Leadership & The Power of a Positive Team** by Jon Gordon and is an active Executive Program Director **John Maxwell Leadership Certified Speaker**, **Trainer**, and **Coach**.





Moving you from where you are to where you want to be!